WEEK 1 | JANUARY 19th - 23rd 2026

HRMC CENTRAL CAFÉ

FEATURES

MONDAY Cheese Louise

TUESDAY Verde

WEDNESDAY Okra

THURSDAY Zen

FRIDAY Smokehouse

MONDAY

Soy Glazed Chicken

Pimento Macaroni & Cheese

Sweet & Spicy Brussel Sprouts

Green Onion

TUESDAY

Salsa Verde Chicken Enchiladas

Spanish Rice

Charro Beans

Romaine Lettuce

Salsa Verde

WEDNESDAY

Southern Smothered Pork Chops

Country Cheese Grits

Summer Saccotash

THURSDAY

Bourbon Chicken Thighs

Jasmine Rice

Sesame Broccoli & Carrots

Bourbon Street Sauce

Vegetarian Egg Roll

FRIDAY

Apple Brined Roast Turkey

Sweet Potato Hash w/ Peppers

Broccoli Rabe w/ Garlic & Chiles

Lemon Wedge

SOUPS

MONDAY
Chicken Noodle

TUESDAY
Vegetable Beef

WEDNESDAY
Cream & Cauliflower

THURSDAY
Chicken Tortilla

FRIDAY
Harvest

UNIDINE
fresh thinking, culinary excellence™

hrmc CENTRAL CAFÉ

Breakfast 8:00am -9:30am
Lunch11:15am -1:15pm

WEEK 2 | JANUARY 26th - 30th 2026

HRMC CENTRAL CAFÉ

FEATURES

MONDAY Spud Shack

TUESDAY Tavola Italiana

WEDNESDAY Smokehouse

THURSDAY Tandoori

FRIDAY Honest Bowl

MONDAY

Pulled Pork

Baked Potato

Crispy Baked Buffalo Cauliflower

White Cheese Sauce

Butter

TUESDAY

Chicken Parmesan

Penne Pasta

Italian Peas & Mushrooms

Shredded Parmesan Cheese

Marinara Sauce

WEDNESDAY

Texas BBQ Brisket

Macaroni & Cheese

Honey Butter Corn on the cob

Memphis BBQ Sauce

White Bread

THURSDAY

Better Butter Chicken

Basmati Rice

Indian Spiced Roasted Vegetables

Cilantro

Banana Bread Pudding

FRIDAY

Tomato Braised Beef

Basmati Rice

Roasted Carrots

SOUPS

MONDAY
Mushroom Barley

TUESDAY
Minestrone

WEDNESDAY
Chicken Rice

THURSDAY
Tomato Basil

FRIDAY
Five Bean

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hrmc CENTRAL CAFÉ

Breakfast 8:00am -9:30am
Lunch11:15am -1:15pm

WEEK 3 | FEBRUARY 2nd - 6th 2026

HRMC CENTRAL CAFÉ

FEATURES

MONDAY Cheese Louise

TUESDAY Verde

WEDNESDAY Okra

THURSDAY Zen

FRIDAY King Tide

MONDAY

Grilled Buffalo Chicken

Smoked Gouda Macaroni & Cheese

Roasted Brussel Sprouts

Blue Cheese Crumbles

TUESDAY

Pork Posole

Spanish Rice

Pinto Beans

WEDNESDAY

Savannah Meatloaf

Savannah Red Rice

Creamed Spinach

Mushroom Demi-Glace

Pecan Peach Crumble

THURSDAY

Braised Pork Loin

Jasmine Rice

Sesame Broccoli & Carrots

FRIDAY

Crispy Fried Catfish

Sweet Potato Hash w/ Peppers

Sweet & Spicy Brussels

Cajun Remoulade

Cheddar Jalapeno Bread Muffin

SOUPS

MONDAY
Turkey Noodle

TUESDAY
Beef Cowboy Chili

WEDNESDAY
Stuffed Pepper

THURSDAY
Chicken Tortilla

FRIDAY
Italian Wedding

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hrmc CENTRAL CAFÉ

Breakfast 8:00am -9:30am
Lunch11:15am -1:15pm

WEEK 4 | FEBRUARY 9th - 13th 2026

HRMC CENTRAL CAFÉ

FEATURES

MONDAY Tavola Italiana

TUESDAY Callaloo

WEDNESDAY Okra

THURSDAY Creole Queen

FRIDAY Tandoori

MONDAY

Mediterranean Braised Chicken

Cheese Tortellini

Giardiniera Roast Vegetables

Davola Sauce

Garlic Breadstick

TUESDAY

Jamaican Beef Pepper Steak

Mango Coconut Rice

Smokey Collard Greens

Cilantro

WEDNESDAY

Country Fried Chicken

Buttermilk Chive Mashed Potatoes

Honey Butter Corn on the Cob

Country Peppercorn Gravy

THURSDAY

Chicken & Sausage Jamalaya

Red Beans & Rice

Roasted Root Vegetables

Green Onions

FRIDAY

Tandoori Chicken Thighs

Indian Spiced Coconut Rice

Mint Scented Peas

Cilantro

SOUPS

MONDAY
Baked Potato

TUESDAY
Broccoli Cheese

WEDNESDAY
Vegetable

THURSDAY
Tomato Basil

FRIDAY
Corn Chowder

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hrmc CENTRAL CAFÉ

Breakfast 8:00am -9:30am
Lunch11:15am -1:15pm